

		National Adults	
		This year, are you very likely, somewhat likely, or not likely at all to make a New Year's resolution?	
		Very likely- Somewhat likely	Not likely at all
		Row %	Row %
National Adults		40%	60%
Region	Northeast	43%	57%
	Midwest	44%	56%
	South	42%	58%
	West	32%	68%
Household Income	Less than \$50,000	38%	62%
	\$50,000 or more	43%	57%
Education	Not college graduate	39%	61%
	College graduate	43%	57%
Age	Under 45	51%	49%
	45 or older	34%	66%
Race	White	35%	65%
	Non-white	53%	47%
Gender	Men	40%	60%
	Women	40%	60%
Interview Type	Landline	38%	62%
	Cell Phone	47%	53%

Marist Poll National Adults: Interviews conducted December 4th through December 6th, 2012, N=1246 MOE +/- 2.8 percentage points. Totals may not add to 100% due to rounding.