

	<b>Adults Who Made Resolutions Last New Year's</b>	
	<b>Did you keep resolution?</b>	
	<b>Yes</b>	<b>No</b>
	<b>Row %</b>	<b>Row %</b>
<b>2010</b>	<b>60%</b>	<b>40%</b>
<b>2009</b>	<b>65%</b>	<b>35%</b>
<b>2008</b>	<b>60%</b>	<b>40%</b>
<b>2007</b>	<b>60%</b>	<b>40%</b>
<b>2006</b>	<b>63%</b>	<b>37%</b>
<b>2004</b>	<b>57%</b>	<b>43%</b>
<b>2003</b>	<b>61%</b>	<b>39%</b>
<b>2002</b>	<b>63%</b>	<b>37%</b>
<b>2001</b>	<b>59%</b>	<b>41%</b>
<b>2000</b>	<b>70%</b>	<b>30%</b>
<b>1999</b>	<b>56%</b>	<b>44%</b>
<b>1998</b>	<b>52%</b>	<b>48%</b>
<b>1997</b>	<b>53%</b>	<b>47%</b>
<b>1996</b>	<b>53%</b>	<b>47%</b>
<b>1995</b>	<b>60%</b>	<b>40%</b>

**Marist Poll National Adults Who Made Resolutions Last New Year's. Totals may not add to 100 due to rounding.**