

		Likely to Make New Year's Resolution for 2013
		Col %
What is it that you will resolve to do or not to do in the New Year?	Lose weight	17%
	Stop smoking	13%
	Be a better person	10%
	Spend less money-Save more	9%
	Exercise more	8%
	Eat healthier	7%
	Improve health	6%
	Get better job	5%
	Enjoy life	4%
	Increase family time	3%
	Go back to school	3%
	Get closer to God	3%
	Use time better	3%
	Kinder to others	2%
	Get politically involved	1%
	Stop drinking	1%
	Set goals	1%
Travel	1%	
Worry less	1%	
Get new house	1%	
Other	1%	

Marist Poll National Adults Likely to Make a New Year's Resolution:  
Interviews conducted December 4th through December 6th, 2012, N=495  
MOE +/- 4.4 percentage points. Totals may not add to 100% due to  
rounding.